

ARTICLE 21

DISPUTE BETWEEN REASON (SCIENCE) AND FAITH (RELIGION) IS SOLVED

MYTH TYPES

Three general types of myths (Creation, Deity and Hero) have been central to human societies and continue to influence the way humans think, speak and act about the past, present or future.

1. **Creation myths** attempt to tell us where humans came from and how everything began. They seem to have been the first stage in what became the psychic life of the human species. Creation myths became linked to the concept of “Deity” in which something or someone of a supernatural nature “created” the universe.
2. **Deity myths** became the basis for most religions of the world, in which gods and goddesses were supernatural and on occasion interrelated with human beings.
3. **Hero myths** became the stories or metaphors describing human progress with authoritative figures reporting and writing a history that enforced the stories, often as “sacred” scripture. These authoritative “stories” became “blueprints” (archetypes) for humans to worship as gods and goddesses. They continue to be told today as “sacred” scripture (fact or truth) by many authority figures, both secular and sacred.

Even though many people in today’s world think of the word “**myth**” as a belief that is untrue or superstition, most of the populations of the world still believe in their cultural myths as being true and factual.

Ancient myths become modern metaphors as most humans continue to believe that their five senses are relating **directly to an external world** with an empirical observation.

Meaning and feeling that humans relate to in their world as person, place or thing are actually **habit patterns** within their brain rather than “believed”

to be external objects. This was not discovered until the twentieth century by physiological research of the brain and the psychological behavior that is produced by the brain.

The history of the origin of **language** is judged by some to be over 50,000 years old with some suggesting that it could be over a million. We are **aware** of the age of writing because we have evidence of its early use about 5,000 years ago.

HP/SOS suggests that from this earliest age of writing there has been a basic assumption about relationships existing between one's world and the humans **describing that world**.

Humans combined these three basic myths to conceive world views that continue to be practiced.

There was no reason for humans to question their belief that their five senses are relating directly to their external world until the science of physiology studying the brain in the late 20th century exposed that it is **not the five** senses that relate to one's world but one's brain.

This discovery means that the entire field of knowledge comes into question. Both religions and sciences have assumed a justification for their beliefs, with religion using the concept of "**faith**" and science using the concept of "**reason**".

As humans become aware that what they believe is data **about** a world that uses language to represent that data, what was believed to be **direct observation** (science) or direct revelation (religion) is now realized as a result of the conditioning of one's brain.

Humans do not deal **directly** with their world, they deal with beliefs they have accepted in their brain **about** their world.

This changes one's orientation to "**myths**" because one is now aware that **all data** are beliefs in the brain that are justifying one's reality.

The most important aspect of this discovery is that it exposes why **human nature** has been so long in becoming a **science**. As the physical sciences began about three hundred years ago, it was only about one hundred years ago that the science of psychology began investigating human behavior. It was only about 50 years ago that brain physiology began to gain greater importance, discovering that humans are “victims” of a conditioned brain without knowing it.

Around 1960 a new psychology was born named “humanistic” psychology which reversed the behavioristic model in which a human’s brain is passively conditioned by its environment, using a model in which a self, I, ego or person is capable of being aware of their conditioned brain and having the capability of **reprogramming** their brain from unacceptable beliefs to more desirable beliefs.

As humanistic psychology exposed research of this fact, humans for the first time became aware of the “**slavery**” happening regarding their conditioned brain in determining their behavior.

Also in 1960, self-image psychology was born in which research validated this new humanistic model as a justification of humans **creating** amazing talents and abilities. This helps one understand why s/he can have a low self-esteem or self-image in one area of expression and have a high self-esteem or self-image in another area of expression.

HP/SOS research has named one’s first reality understanding a level that is validated by behavioristic psychology. We have named the level in which the self, I, ego or person awakens to his or her current brain’s conditioning early second reality.

After a human awakens to a reflective second reality and begins to test its hypotheses (of potential awaiting actualization), s/he begins to comprehend advanced second reality with its multiple steps or stages within the evolutionary processes of human nature.

After second reality’s Location of Comprehension (LOC), a human is aware for the first time that **all words** about anything are symbolic **metaphors** of

one's current beliefs because of the nature of the human brain's conditioning.

A normal first reality statement would be: "I only believe what I can see with my eyes or my five senses!"

A normal second reality observation would be: "Sensing about person, place or thing exposes what I currently believe in my brain."

For countless centuries humans have been initiating ideas about everything without having the **reflective awareness** that **language is "about"** whatever it is symbolizing in the brain and is never the so-called "thing" being "symbolized".

This error happens in a human's first reality because humans will act as if "thoughts are the things" they symbolize.

Question: Are you saying that humans for millions of years were unaware of the part their brain's conditioning played in the reality they lived?

Answer: Yes, in the same way that humans lived those millions of years without the technologies and sciences of the last three hundred years.

Question: Is this part of the reason why, even though humans have used language to communicate, it has only been in the last five thousand years that languages have been written?

Answer: Fantastic question. Until languages were written certain people in nations like Greece had no way to develop philosophies that many people will later label "myths". Persia is famous for developing Zoroastrianism in which the myth of a power of good battles a power of evil. Persia also developed the laws of Hammurabi which contained most of the Ten Commandments delivered by Moses.

Question: With human history written for five thousand years, how can all that historical belief come into question at this time?

Answer: It is not all of human history that is being questioned, it is certain aspects of history that have dealt with human beings. For example, the splitting of the atom changed how humans understand the physical nature of the universe. In like manner, research into the nature of the human brain changed forever how humans comprehend the nature of reality. Prior to the research into the nature of the human brain, humans have had no reason to question their five senses as being the way in which they comprehend their reality.

However, after science termed its observations as “empirical” so they could investigate the world without challenging religion’s dogma, a split was created between science and religion, with science justifying its “empirical” observations as “**reason**” using experimental validation and with religion using “faith” for justifying its “**revelations**” about concepts like “God”, “Spirit”, “Soul”, “Mind” and “immortality”.

Recent research into the nature of the human brain has changed this belief in duality between reason and faith “language” into a monism (“Oneness”) using process language.

The five senses are now realized as transmitters of data to the brain and the conditioning or programming of the brain is the determining factor interpreting that data, producing the individual’s reality.

Different schools of psychology developed theories of how and why the data carried to the brain by the five senses is evaluated by the brain’s conditioning. In other words, it is the “conditioning” of the human brain that determines a human’s reality. The language used to symbolize that reality will be whatever a human’s culture programmed a person’s brain to accept, as well as important factors regarding his or her genetic connection to all of humanity that has lived during the past millions of years.

Question: Are you saying that people do not relate directly to the person, place or thing they are observing and describing?

Answer: Yes, and that this is a very recent discovery. People deal with the programming of their brain, which, at first, is believed to be direct observation that is both fact and true. This is why, for countless centuries, people have been “mental” slaves to the programming of their brain, without having any knowledge that it was their belief system within their brain describing their reality.

This is why struggle cannot be resolved when an individual takes no responsibility or empowerment over his or her reactions so long as his or her reactions are believed to have been “outer caused” (named stimulus/response or S/R). This is why HP/SOS is capable of using the psychological schools to show an evolutionary process of levels happening that humans experience after they become consciously aware of the part their brain is playing in determining their behavior.

Question: Do these levels explain how and why a human’s “scope” can be limiting even when an individual can have intellectual ideas that are presumed to be unlimited?

Answer: Yes, and the research into the human brain helps humans understand a transcendent aspect of an unlimited potential awaiting actualization, after a second reality awakens to personal responsibility and empowerment over one’s current beliefs. This new increased level of awareness **begins** with a strong drive to actualize human potential as an **individual’s “self mastery”**, which HP/SOS has named second reality. Second reality opens the way for a third reality which answers how and why a second reality individual, by changing how s/he **thinks** and **feels**, changes his or her world. The cause and effect of second reality changes in third reality to acceptance by degree because s/he now is aware of a universal **“SELF MASTERY”** that is actualizing. This is an identity change from a finite individual I am to a UNIVERSAL I AM that was introduced to us by the mystics of every culture. Ernest Holmes named this realization “an individual awakening to his or her Universal Mind”.

Second reality awareness is able to categorize all reason (science) and faith (religion) under the same microscope. This is because after second reality awakens, humans are aware that they are relating to acceptances that have been programmed within their brain, not to external things that are being described.

In first reality understanding many scientists still believe it is “external observation” that is based on the five senses. So called “empirical observation” is actually “subjective evaluation” of a conditioned brain after reflective second reality is realized.

The brain’s world is a “**belief world**” or a “**virtual reality**”.

After second reality **reflection**, one is aware of the part one’s conditioned brain plays in the reality that is producing their behavior. Reality, as is all understanding, is determined by one’s brain’s conditioning, not by one’s five senses.

A new “human” is “born”.

All so-called “**empirical**” evidence of science and all so-called “**faith**” of religion is subjective experience in which its meaning and feeling is determined by a human brain’s conditioning.

Question: Are you telling me that I don’t see you with my eyes or hear you with my ears?

Answer: Yes, you “see” and “hear” me with your brain’s meaning and feeling (conditioning), not with your eyes or ears.

Question: Are you challenging the five senses that humans have used for countless centuries to describe everything?

Answer: Yes, because until science researched the physiology of the brain there was no **evidence** to justify where and how a human processes his or her “sense” data that becomes **definitions** believed to be **about** an external world.

Question: In the past, how did those few people experiencing the human's inner world explain their experiences?

Answer: The most common way was by using the two terms “**exoteric**” and “**esoteric**”. Exoteric comprehension correlates to what HP/SOS has named first reality. It presents a person that is programmed with “**literal**” interpretations or definitions of one's world. It is the belief that the five senses are observing the world directly and is the belief that the individual is a separate and finite individual. Esoteric comprehension correlates to what HP/SOS has named third reality. It is a person awakening to his or her transcendent aspect of BEING. It is usually the result of an individual awakening to his or her “infinite inner” or mysticism, regardless of the culture of his or her birth. It is the awakening of the INFINITE I AM.

Question: How will it be possible for humans to change their understanding of how and where reality is processed (in the brain) as long as this type of brain research is unknown?

Answer: It isn't possible as a science. That is why humans have practiced struggle for so many centuries. Struggle in human relationships cannot be solved as long as one is unaware that his or her **personal biases** are describing his or her significant “others” and everyone and everything else including his or her self.

In a human's first reality, reason and faith is determined by subjective data based on firing c-fibers and neurons in his or her brain. Only after reflective second reality awakens can s/he comprehend that it is just plain **false** that his or her five senses relate directly to his or her world **without** his or her brain furnishing the meaning and feeling that is describing that world. First reality understanding believes s/he is describing his or her world directly without knowing that it is his or her habits that are describing his or her world.

The five senses direct data to a human's brain, which acts as programmed hardware and responds with a human's current meaning and feeling (as

software). It is the programmed data of the brain that gives humans their meaning (definitions) and feeling (identity) as understanding.

It is a human's acceptances (beliefs) that are related to as reality, not their external world.

Throughout countless centuries humans have been amassing data culturally, labeling that data with different names as if that data were the **actual** persons, places and things being described with the language of that culture.

The recent (last 50 years), physiological studies of the human brain and the different psychological interpretations of the brain's processes (last one hundred years) have made it possible for the current century to develop a science (HP/SOS) that includes both Universal Mind or Spirit as transcendent aspects of the human.

Question: Does this help us understand where and how human potential is located before it is realized or actualized?

Answer: How would a human awaken to any change if there were no "push" (what HP/SOS names "spiritual DNA") capable of replacing lifetime habits? Third reality explains the awesome creativity of human nature.

It explains how **wholeness** pre-exists its acceptance by humans, including (primarily unconsciously) early levels of understanding. It is a human's pre-existing **wholeness** that justifies the **prayers** of every religion of every culture.

Our research has made it possible for a human to experience a **freedom** that is not possible in first reality. In first reality, where humans are still believing that their five senses are how they understand their world, they will probably spend their entire lifetime reacting favorably or unfavorably to their external world of person, place and thing, without having any **conscious awareness** of the actual location or source responsible for their reactions.

As long as the human brain is conditioned without a human being consciously aware of why, what, where, when and how his or her reality exists as beliefs in his or her brain, s/he will naturally react to his or her world as being the **cause** of his or her feelings and meanings.

This results in a first reality person believing s/he is relating **directly** to his or her world. The person in first reality is doing so without being **aware** of the part his or her brain plays in determining the “reality” s/he is experiencing.

After second reality awakens, the physiology of the brain includes the different psychological stages because of having a greater reflective level of conscious awareness. S/he now has a freedom, responsibility and empowerment never before available to a human being that is fully recognized by his or her conscious awareness. A human is now in charge of his or her reactions to data being processed in his or her brain.

This human is no longer reacting to a believed-in **outer cause** because s/he now deals with **inner** evaluation. This means that s/he has the ability to continue giving his or her current beliefs or acceptances validation or to replace unacceptable meaning and feeling with a more beneficial meaning and feeling.

There are two different ways of “**knowing**” that are usually performed by either our left or right brain hemisphere.

It is not what we “know” that determines our behavior when what we “know” is an **intellectual** or conceptual left hemisphere **definition**.

It is what we are **doing**, how we are living our lives, that exposes our right hemisphere **acceptances** because this “knowing” has actually manifested.

Active reflective participation **does not** exist in a first reality’s belief system where a human is only believed to be a body with a brain. Only after the awakening to an I, ego, self or person, in second reality, is there

awareness of awareness in which both responsibility and empowerment over one's current conditioning is possible.

Struggle and limited beliefs are replaced with love, joy and happiness as change is practiced.

Almost all self-help systems on the market are helping this process happen in both secular and sacred methods.

The fun of actualizing a life living creatively replaces the struggle for survival in which almost every event is considered a threat.

A fear orientation probably helped our ancestors survive living in a world full of predators looking for a meal.

This important step in one's evolutionary process can be thought of as "**self mastery**" of an individual self in a second reality awakening and "**SELF MASTERY**" in a third reality awakening as an "INFINITE I AM" which is often named "cosmic consciousness".

Thanks to the research of human psychology and research of the physiology of the human brain, HP/SOS is capable of presenting a structure that helps humans understand questions about their transcendent aspect (esoteric teachings) that were formerly believed to only be answerable by religion's orthodox teachings (exoteric).

These are questions and answers about a third reality (Universal Mind), that like a second reality awareness, can be tested by a human that is awakening to a nature that is eternal, requiring a **reflective "individual self"** that is actualizing an awakening unlimited "UNIVERSAL SELF".